

# 2009 "BIG LOSER" CHAMPION



3/04/09 -- Before



6/24/09 -- After

**John Lloyd**

**Lost 52.2 pounds -- 19.01%**

- 2nd Sara Spilde -- 14.41%**
- 3rd Linda Ragland -- 13.06%**
- 4th Tara Szepi -- 12.67%**
- 5th Mike Roberts -- 11.09%**
- 6th Chris Grosz -- 10.06%**
- 7th Tim Shea Jr. -- 7.60%**
- 8th Ryan Grosz -- 5.97%**

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As a group, they lost a total of 244.5 pounds  
or an average of 30.56 pounds each.

That computes to a percentage of  
body weight lost as a group of 11.42%