

CRESCO PARK & RECREATION

2016 PROGRAM

5/25/16

BASKETBALL

SOFTBALL

FOOTBALL

SOCCER

TENNIS

TRACK

GOLF

T-BALL

BASEBALL

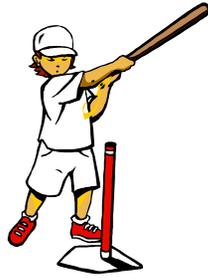
SWIMMING

WRESTLING

VOLLEYBALL

ARTS & CRAFTS

CHEERLEADING



www.cityofcresco.com

Registration DEADLINE for all SUMMER Programs

(Boys Baseball, Girls Softball, T-Ball, Golf, Arts & Crafts, and all Camps):

Saturday, April 30th

Deadline for Fall Programs (Flag Football, Volleyball): Monday, Aug. 29th

Deadline for Winter Program (Basketball): Monday, November 21st

Between the deadline and activity start date a \$10 late fee will apply per participant.

After activity begins a \$20 late fee will apply per participant.

NO EXCEPTIONS!

Dear Community Residents:

April, 2016

This program contains descriptions and registration forms for many summer, fall, and winter activities for students in grades 1-8. Please note all grades mentioned in this program will be for the **2016-2017** school year, except spring soccer and track. We reserve the right to change or alter dates and times of any program without notice. Players may be moved up a grade at the discretion of the Recreation staff.

We hope this booklet will help with your family activity planning. We have tried to avoid scheduling conflicts whenever possible. **Early registration is encouraged** both to give us proper time to plan for the activities and to avoid late fees. The Release Form needs to be filled out only once each year, either on the back of the Recreation (preferred) or Pool Registration Form.

RECREATION REGISTRATION: The fee for each activity varies from \$10.00 - \$25.00.

A family fee maximum is available for early registrations (see Letter "T", page 5).

POOL REGISTRATION: You must come to the Cresco Fitness Center, sign-up into public and/or private swimming lesson openings and pay the registration fee to secure your participation.

Registration and Release Forms along with payment should be mailed to or dropped off at the Cresco Fitness Center 316 3rd Ave E, Cresco IA 52136

Additional fees may be assessed for the following reasons:

Late Registration: Registrations not received on or before the deadline date for each season.

Non-member: For those participants who do not have a CFC membership.

Funds may be available through the Howard County Community Action Office (563) 547-4413 if you or your family cannot afford to pay all or some of the fees for activities listed on the registration form. It is the intention of the Cresco Park & Recreation that your child(ren) be able to participate in all activities they choose. We do not want the fees to stand in the way. The purpose of the fees are to help us offset the costs of instruction, supervision, transportation, utilities and equipment.

We strongly recommend your child(ren) be checked by a physician for fitness prior to participation.

Please use our website for all cancellations of activities due to poor weather. Summer activities may have to be shortened or cancelled due to high temperatures.

In most cases we will not make cancellation decisions until 1 hour before the scheduled activity or practice. Please do not call before that time. Check our website.

There may be times when activities or games are changed, added or cancelled during the course of the year. It is **NOT** our responsibility to inform each child of these changes if he/she did not attend the last scheduled activity. Double check website schedules for any changes.

We hope members of your family will choose to participate in many of these activities which will encourage them to learn, grow and have FUN.

Call or email if you need more information

Cresco Park & Recreation--(563) 547-3230

Cresco Fitness Center-----(563) 547-3443

crescofc@iowatelecom.net

www.cityofcresco.com

BOYS AND GIRLS BALL PRACTICE AND GAMES

Listed below are practice times for the start of the season. During the first week a schedule will be handed out and put on the website. This schedule will show practice and game times for the remainder of the season which may vary morning, afternoon and evening. Baseball and Softball shirts are not required. However, T-shirts are available to purchase at the Fitness Center. Youth and Adult sizes: S-M-L Cost: \$10.00

A. BOYS MAJOR BASEBALL: Fee \$25.00 East Park

Grades 7-8 (16-17) M-W-F June 1 – July 8 9:00 – 11:00 a.m.
(Players in golf program may come late.)

More detailed individual and team baseball skills will be developed and practiced.



B. BOYS LITTLE LEAGUE BASEBALL: Fee \$25.00 East Park

Grades 5-6 (16-17) M-W-F June 1 – July 8

Grade 5 1:00 – 2:00 p.m. Grade 6 2:00 – 3:00 p.m.

Individual hitting, pitching, and defensive position skills will be taught.
Inter-league games will be played and a few travelling games may be scheduled.

C. BOYS PONY BASEBALL: Fee \$20.00 East Park

Grades 3-4 (16-17) Tues. & Thurs. June 2 – July 7

Grade 3 9:30 – 10:30 a.m. Grade 4 10:30 – 11:30 a.m.

An introduction to the game, with coaches pitching.



D. GIRLS SOFTBALL: Fee \$25.00 Evans Park

Grades 5-8 (16-17) M-W-F June 1 – July 8

Grade 5 1:00 – 2:00 p.m. Grade 6 2:00 – 3:00 p.m.

Grades 7-8 10:00 – 11:00 a.m. (Players in golf program may come late.)

Individual hitting, pitching and defensive position skills will be taught.
Traveling and/or inter-league games will be played.



E. GIRLS PONY SOFTBALL: Fee \$20.00 Evans Park

Grades 3-4 (16-17) Tues. & Thurs. June 2 – July 7

Grade 3 9:30 – 10:30 a.m. Grade 4 10:30 – 11:30 a.m.

An introduction to the game, with coaches pitching.

F. BOYS & GIRLS T-BALL: Fee \$20.00 Evans Park

Grades 1-2 (16-17) Tues. & Thurs. June 2 – July 7

Grade 1 12:15 – 1:15 p.m. These are practice times for the start of season.
Grade 2 1:15 – 2:15 p.m. League game times will vary when schedule is handed out.

The players will practice throwing, catching and hitting a ball off a tee to develop bat skills.
They will be taught the general rules of ball games.

T-Ball shirts will be available at Evans Park or CFC.
Sizes: Youth 6-8, 10-12, 14-16 or Adult Small. Cost: \$9.00

All childcare requests must
be on registration sheet.



G. BOYS & GIRLS SPRING SOCCER: Fee \$15.00. High School Practice Field
This year's K-6 graders. (2015-16) Tues. & Thurs. May *5 – May 26 5:00 - 8:00 p.m.
***May 5th – Parents only. 6:00 - 7:00 p.m.**



Grades 5-6 5:00 – 6:00
Grades K-1-2 6:00 – 7:00
Grades 3-4 7:00 – 8:00

These are practice times for the 1st night May 10.
 League game times will vary when schedule is handed out.
 Suggested equipment: Shin guards. (available at O'Henry's)

This program is under the Cresco Recreation Department, but is still run by volunteers. We need as many volunteers as possible to keep this program afloat.

H. BOYS & GIRLS GOLF: Fee \$10.00 M-W-F June 1, 3, 6,8,10. 9:00-10:00 a.m.
Country Club Driving Range Grades 6-8 (16-17)

Learn the fundamentals of the stance, grip, and swing. Also, the proper rules and etiquette will be taught. Clubs will be furnished for those who do not have their own.

Those needing transportation must be at the Park Office (behind Fitness Center), 15 minutes before class starts at 8:45am

I. GIRLS BASKETBALL CAMP: M-T-W-Th-F July 11 - 15 9:00 a.m. - 12:00
J. BOYS BASKETBALL CAMP: M-T-W-Th-F July 18 - 22 9:00 a.m. - 12:00

Fee \$10.00 (Non-member \$20.00)

Grades 1-8 (16-17) Cresco Fitness Center Gym



Grades 1-3 9:00 - 10:00
 Grades 4-5 10:00 - 11:00
 Grades 6-8 11:00 - 12:00



An introduction to the game for 1-3 grades.
 Rules and fundamentals will be taught. Games and contests will be played.

K. GIRLS CHEERLEADING CAMP: M-T-W-Th-F July 11 - 15. 9:00 a.m. - 12:00

Fee \$10.00 (Non-member \$20.00)

Grades 1-6 (16-17) Cresco Fitness Center Aerobics Room



Grades 5-6 9:00 - 10:00
 Grades 1-2 10:00 - 11:00
 Grades 3-4 11:00 - 12:00

Fundamentals will be taught.

L. BOYS WRESTLING CAMP: M-T-W-Th-F July 18 – 22 10:00 a.m. - 1:00 p.m.

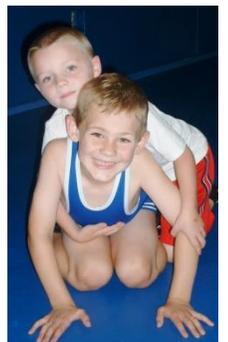
Fee \$10.00 (Non-member \$20.00)

Grades 1-6 (16-17) Cresco Fitness Center Gym



Grades 1-2 10:00 - 11:00
 Grades 3-4-5-6 12:00 - 1:00

Rules and Fundamentals will be taught.



M. BOYS & GIRLS TENNIS: Fee \$10.00
Evans Park Tennis Courts -- Grades 4-6 (16-17) M-T-W-Th-F July 11 - 15



Girls 1:00 - 2:00 p.m.
 Boys 2:15 - 3:15 p.m.



Rules and fundamentals will be taught.
 Singles and doubles will be played.

N. BOYS & GIRLS ARTS & CRAFTS: Fee \$20.00 Kessel Park Shelter
Grades 2-7 (16-17) M-T-Th-F June 2 - July 15 9:00 - 11:00 a.m.



Grades 2-3 Monday and Tuesday 9:00 - 11:00 a.m.
 Grades 4-7 Thursday and Friday 9:00 - 11:00 a.m.
 (No Class July 4)



O. TINY TOTS ARTS & CRAFTS: NO FEE Kessel Park Shelter
Ages 1-6 Wednesdays, June 15 - July 13 9:30 - 10:30 a.m.

Boys & girls ages 1-3 must have a parent or babysitter with them, and do not have to fill out a release form. All children ages 4-6 are required to have a release form.

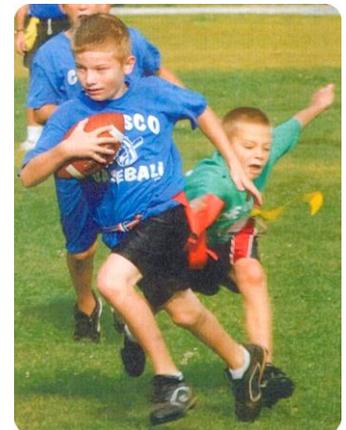
P. BOYS & GIRLS TRACK MEET: NO FEE Crestwood High School Track
This years 4-6 graders (2015-16).
Monday, May 16 5:30 p.m.



The Cresco Recreation will team up with the Cadet Track & Field Running Club to host this track meet. Make plans to attend this event.

Q. BOYS FLAG FOOTBALL: Fee \$20.00 Kessel Park
Grades 3-4 (16-17) VOLUNTEERS ARE NEEDED TO HELP!

Saturday, Aug. 27 9:00 - 10:30 a.m. Practice only
 Saturdays, Sept. 10 - Oct. 15 9:00 a.m. - 12:00 League Play



League play will begin September 10. **Sept.3 -- OFF**
 Schedules will be available on Wednesday, September 7 after 12:00 noon at the Fitness Center or on the website. It can get very cold and rainy so dress accordingly. Unless it is raining steadily, we will plan on playing every week. Players will be required to wear shirts of the team color. We will have shirts available for purchase at CFC after schedule is out. Youth and Adult sizes: S-M-L Cost: \$10.00

SUMMER CAMP: Must be pre-registered to participate FREE.
M-T-W July 25 - 27. 9:00 – 10:30 a.m. Rules and fundamentals will be taught.

**R. GIRLS VOLLEYBALL: Fee \$20.00 (Non-member \$40.00) Fitness Center Gym
Grades 3-6 (16-17) VOLUNTEERS ARE NEEDED TO HELP!**



Mondays, Aug. 29, Sept. 12 - Oct. 17 Sept. 5, Labor Day -- OFF
Grade 3-4 6:00 – 7:00 p.m. Grade 5-6 7:00 – 8:00 p.m.
Instruction and league play.

SUMMER CAMP: Must be pre-registered to participate FREE.
M-T-W July 25 - 27 Rules and fundamentals will be taught.
Grades 3-4: 9:00 – 10:00 a.m. Grades 5-6: 10:00 – 11:00 a.m.

**S. BOYS & GIRLS BASKETBALL: Fee \$20.00 (Non-member \$40.00)
Fitness Center Gym**

Grades 3-6 (16-17) Mondays, Nov. 21 - Feb. 6, 2017 6:00 - 8:00 p.m.

Practice times for Nov. 21, 28, Dec. 5, are as follows: Gr. 3-4 6:00 - 7:00 p.m.
Gr. 5-6 7:00 - 8:00 p.m.



Due to Christmas vacation, there will be no basketball on Dec. 26 or Jan. 2.
Rules and fundamentals will be taught. League scrimmage games will start Dec. 12 with
schedules available Wednesday, December 7, after 12:00 noon at the Fitness Center or
on the website. Teams will be designated the color blue or white. Players will be required to wear
shirts that match team color each week. We will have reversible jerseys available to purchase. Cost: \$15.00.
A free throw contest will end the season.

VOLUNTEERS ARE NEEDED TO HELP!



**T. RECREATION FAMILY FEE: Fitness Center Member - \$125.00.
(Good thru April 30, 2016) Non-member - \$175.00.**



Early registration entitles all members of your immediate family or household to participate in
all the recreation activities selected (pool activities are not included).

This is a one-time payment package deal.

Activities selected after this initial registration cannot be used to add up to
this maximum amount and must be paid at their individual rates.

2016 RECREATION REGISTRATION FORM:

1. Write each child's name by a letter listed below. LAST name(s) of children _____
2. Circle program(s) for each child using their corresponding letter.
3. Figure a total fee based on each activity or the family rate.
4. Fill out and sign release form on back of page. (Recreation form preferred)
5. Include registration, release form, and check. (May combine Rec. & Pool fees into one payment).

Make check payable to: Cresco Fitness Center or Cresco Park & Recreation.

6. Mail or bring to: Cresco Fitness Center--316 3rd Ave E--Cresco IA 52136

Child – A: _____ Child – B: _____ Child – C: _____

Child – D: _____ Child – E: _____

* Are you a member of the Cresco Fitness Center? YES NO * If your answer is no, you must pay an extra fee for the program(s) which are held in the Cresco Fitness Center.

Member Fee	↓	↓	Non member Fee	School year (2016-17)	Deadline Date
\$ _____ A B C D E \$25	↓	↓	\$25	A. Boys Major Baseball.....Gr. 7-8.....	4/30
\$ _____ A B C D E \$25			\$25	B. Boys Little League Baseball.....Gr. 5-6.....	4/30
\$ _____ A B C D E \$20			\$20	C. Boys Pony Baseball.....Gr. 3-4.....	4/30
\$ _____ A B C D E \$25			\$25	D. Girls Softball.....Gr. 5-8.....	4/30
\$ _____ A B C D E \$20			\$20	E. Girls Pony Softball.....Gr. 3-4.....	4/30
\$ _____ A B C D E \$20			\$20	F. Boys & Girls T-Ball.....Gr. 1-2.....	4/30
\$ _____ A B C D E \$15			\$15	G. Boys & Girls Spring Soccer.....Gr. K-6 (2015-16)	4/30
\$ _____ A B C D E \$10			\$10	H. Boys & Girls GolfGr. 6-7-8.....	4/30
\$ _____ A B C D E \$10			\$20	I. Girls Basketball Camp *.....Gr. 1-8.....	4/30
\$ _____ A B C D E \$10			\$20	J. Boys Basketball Camp *.....Gr. 1-8.....	4/30
\$ _____ A B C D E \$10			\$20	K. Girls Cheerleading Camp*.....Gr. 1-6.....	4/30
\$ _____ A B C D E \$10			\$20	L. Boys Wrestling Camp *.....Gr. 1-6.....	4/30
\$ _____ A B C D E \$10			\$10	M. Boys & Girls Tennis.....Gr. 4-6.....	4/30
\$ _____ A B C D E \$20			\$20	N. Boys & Girls Arts & Crafts.....Gr. 2-7.....	4/30
\$ _____ A B C D E NO FEE				O. Tiny Tots Arts & Crafts.....Ages 1-6	
\$ _____ A B C D E NO FEE				P. Boys & Girls Spring Track Meet.....Gr. 4-6 (2015-16)	
\$ _____ A B C D E \$20			\$20	Q. Boys Fall Flag Football & summer camp....Gr. 3-4.....	8/29
\$ _____ A B C D E \$20			\$40	R. Girls Fall Volleyball & summer camp *.....Gr. 3-6.....	8/29
\$ _____ A B C D E \$20			\$40	S. Boys & Girls Winter Basketball *.....Gr. 3-6.....	11/21
\$ _____ Sub-total or			\$125 \$175	T. Recreation Family Fee. (Good thru April 30, 2016)	

\$ _____ LATE FEE \$10.00 per participant Between the deadline and on or before activity start date
 \$20.00 per participant After the start date (\$20 Maximum per Participant)

\$ _____ T-shirts / other items

\$ _____ TOTAL AMOUNT

VOLUNTEERS SIGN UP HERE.

Name: _____

Sport(s) _____

Childcare Provider:

Names of Participants:

PERMISSION, RELEASE & EMERGENCY TREATMENT FORM

As a parent and/or guardian of the minor child(ren) listed below, I hereby grant permission for my child to participate in any activity sponsored by the Cresco Fitness Center or the Cresco Park & Recreation.

By granting permission, I hereby acknowledge that the risk of injury, which could lead to permanent disability, or even death, is inherent in any athletic activity. Furthermore, I understand that the possibility of a catastrophic injury does exist even though proper rules and techniques of any athletic activity are followed to the fullest.

I hereby assume such risks of injury on behalf of my child(ren) and myself and will not hold the Cresco Fitness Center, Cresco Park & Recreation, its coaches, employees, or volunteers responsible for accidents taking place during practice, games, or activities sponsored by the Cresco Fitness Center or the Cresco Park & Recreation.

I hereby authorize treatment by a qualified and licensed medical doctor in the event of a medical emergency which, in the opinion of the attending physician, may endanger his/her life, cause disfigurement, physical impairment, or undue discomfort if delayed. This authority is granted only after a reasonable effort has been made to reach me. Furthermore, I accept all financial responsibilities for necessary treatment and services.

By enrolling/registering my child in a Cresco Fitness Center or Cresco Park & Recreation program, I am consenting to the use or reproduction of my child's likeness, name, artwork, design or creation on any promotional materials, schedules, rosters or other printed or electronic media, including dissemination by electronic means.

Must be filled out each year. Include family members for all recreation and pool activities.

	First	Last	Grade (2016-17)	Birthdate	Male	Female
Child A	_____	_____	_____	_____	_____	_____
Child B	_____	_____	_____	_____	_____	_____
Child C	_____	_____	_____	_____	_____	_____
Child D	_____	_____	_____	_____	_____	_____
Child E	_____	_____	_____	_____	_____	_____

Name of Parents/Guardians _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Business or Cell Phone (Father) _____

Business or Cell Phone (Mother) _____

<p>Are you a member of the Fitness Center?</p> <p>_____ YES _____ NO</p>

e-mail _____

Family Physician _____ Phone _____

Please list other persons to be called for emergencies if above are unavailable:

Name _____ Phone _____

Name _____ Phone _____

Please list each child's medical allergies, chronic illness or other medical conditions the staff should know:

Signature _____ Date _____

Signature _____ Date _____