

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>	
1	H2O 8:00 am Pam	2	10:00am Sit/B Fit Pam	3	H2O 8:00 am Candice	4	10:00 Sit/B Fit Pam	5	H2O 8:00 am Kim
9	H2O 8:00 am Pam	10	10:00 Sit/B Fit Candice	11	H2O 8:00 am Candice Pilates 5:15 Angela	12	10:00am Sit/B Fit Pam	13	H2O 8:00 am Kim
16	H2O 8:00 am Pam Pilates 5:15 Angela	17	10:00am Sit/B Fit Pam	18	H2O 8:00 am Candice Pilates 5:15 Angela	19	10:00am Sit/B Fit Pam	20	H2O 8:00 am Kim
23	H2O 8:00 am Pam Pilates 5:15 Angela	24	10:00 Sit/B Fit Candice	25	H2O 8:00 am Candice Pilates 5:15 Angela	26	10:00am Sit/B Fit Kathy	27	H2O 8:00 am Kim
30	H2O 8:00 am Kim Pilates 5:15 Angela	31	10:00am Sit/B Fit Kathy						

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