

**NEW
PROGRAMS!**

CRESCO

PARK & REC.

**NEW
SCHEDULE!**

2023 SUMMER PROGRAM

BASEBALL

NATURE CAMP

SOFTBALL

SUMMER KICKOFF CAMP

T-BALL

YOUTH FITNESS CAMP

GOLF CAMP

WACKY SPORTS CAMP

ARTS & CRAFTS

SWIM TEAM

Registration DEADLINE for ALL SUMMER ACTIVITIES

FRIDAY, May 19

A \$10 late fee will apply per registration May 20.

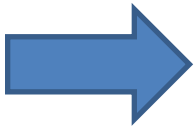
NO EXCEPTIONS!

Dear Community Residents:

April 2023

The registration for this year's activities are online. Before logging in, reference this booklet for students in grades 1-8 for specific activity dates and times along with grade eligibility. All grades mentioned in this program correlate with the **2023-2024** school year.

We hope this booklet will help with your family activity planning. We have tried to avoid scheduling conflicts whenever possible. Early registration is encouraged both to give us proper time to plan for the activities and to avoid late fees.



EVERYONE MUST FILL OUT THE ONLINE REGISTRATION REGARDLESS OF YOUR PAYMENT METHOD BY ONE OF THE FOLLOWING:

1. Complete the online registration and pay with debit or credit card.
2. Complete the online registration and pay with cash or check.

Drop off or mail registration with payment at: Cresco Fitness Center 316 3rd Ave E, Cresco IA 52136

(If you mail, please include a copy of the emailed registration you receive.)

- Registration assistance is available upon request.

FORM WILL NOT SAVE. Once you begin the registration process, you must complete it entirely.

Once you submit your registration and we receive it, an email of confirmation will be sent to the email address you provide.

FINANCIAL NEED ASSISTANCE: Funds may be available through the Howard County Community Action Office (563) 547-4413 if you or your family cannot afford to pay all or some of the fees for activities listed on the registration form. It is the intention of the Cresco Park & Recreation that your child(ren) be able to participate in all activities they choose. We do not want the fees to stand in the way.

If you qualify, fill out the online form and pay directly at the Fitness Center.

TO MAKE CHANGES TO SUBMITTED ONLINE REGISTRATION CALL OR EMAIL OR IF YOU NEED MORE INFORMATION:

Cresco Park & Recreation----- (563) 547-3230 parks@cityofcresco.com

Cresco Fitness Center----- (563) 547-3443 fitnesscenter@cityofcresco.com



MEDICAL RECOMMENDATION: We strongly recommend your child(ren) be checked by a physician for fitness prior to participation. If there are special considerations please note this on registration.

CANCELLATIONS, POSTPONEMENTS, & SCHEDULE CHANGES:

www.cityofcresco.com ; [CFC & Cresco Park and Recreation Facebook Pages](#)

- **In most cases we will NOT make cancellation decisions until 1 hour before the scheduled activity or practice. DO NOT CALL BEFORE THAT TIME. Check our website.**
- Use our website, the Cresco Fitness Center and Cresco Parks and Recreation Facebook pages for all cancellations of activities due to poor weather.
- Summer activities may have to be shortened or cancelled due to high temperatures/stormy weather.
- There may be times when activities or games are changed, added or cancelled during the course of the year. It is **NOT** our responsibility to inform each child of these changes if he/she did not attend the last scheduled activity. Double check website schedules for any changes.
- We reserve the right to change or alter dates and times of any program without notice. Players may be moved up a grade at the discretion of the Recreation staff to fill out teams.

RECREATION PROGRAM AND REGISTRATION FORM:

CLICK> [RECREATION PAGE](#)

SWIM LESSONS, SWIM TEAM & REGISTRATION FORMS:

CLICK> [SWIM LESSON & SWIM TEAM PAGE](#)



Baseball, Softball, & T-Ball

Listed below are general descriptions, dates, and **FIRST day practice times** for each program. During the first week a schedule will be posted and put on the website. This schedule will show practice and game times for the remainder of the season which may vary morning, afternoon and evening. Baseball and Softball shirts are not required, but encouraged. T-shirts are available to purchase at the Fitness Center.
Youth and Adult sizes: S-M-L Cost: \$15.00

A. **BOYS BASEBALL: Fee \$25.00 East Park**

Grades 5-6 (23-24) Mon. & Wed. June 5 – June 28

June 5: Practice for both grades: 9-10:15

Emphasis on game-like scenarios with competitive elements.
 Individual hitting, pitching, and defensive position skills will be taught.
 Inter-league games will be played with machine pitching.

B. **BOYS PONY BASEBALL: Fee \$25.00 East Park**

Grades 3-4 (23-24) Tues. & Thu. June 6 – June 29

June 6: Practice for both grades: 9-10:15

An introduction to the game, with emphasis on basic fundamentals.
 Inter-league games will be played with machine pitching.
 Introduction of game-like scenarios.

C. **GIRLS SOFTBALL: Fee \$25.00 Evans Park**

Grades 5-6 (23-24) Mon. & Wed. June 5 – June 28

June 5: Practice for both grades: 9-10:15

Emphasis on game-like scenarios with competitive elements.
 Individual hitting, pitching, and defensive position skills will be taught.
 Inter-league games will be played with machine pitching.

D. **GIRLS PONY SOFTBALL: Fee \$25.00 Evans Park**

Grades 3-4 (23-24) Tues. & Thu. June 6 – June 29

June 6: Practice for both grades: 9-10:15

An introduction to the game, with emphasis on basic fundamentals.
 Inter-league games will be played with machine pitching.
 Introduction of game-like scenarios.

E. **T-BALL: Fee \$25.00 Evans Park**

Grades 1-2 (23-24) Mon. & Wed June 5 – June 28

June 5: Practice 1st Grade – 12:30, 2nd Grade – 1:30

Players will practice throwing, catching, and hitting off a tee.
 Emphasis on basic fundamentals and understanding of the game.
 Two inning, inter-league games will be played.



Please note
 new days,
 dates, and
 times for
 each
 program!

Camps & Other Activities

F. GOLF CAMP: Fee \$15.00 Country Club Driving Range
Grades 6-8 (23-24) T-TH June 6, 8, 13, & 15 9-10 am.

Emphasis on fundamentals of the stance, grip, and swing.
Proper rules and etiquette will also be taught.

Those needing transportation must be at the Park Office (behind Fitness Center),
15 minutes before class starts at 8:45 am.

G. SUMMER KICKOFF CAMP: Fee \$15.00 Evans, Kessel, & East Parks
Grades 1-6 (23-24) T-W-TH May 30 – Evans Park, May 31 – Kessel Park, & June 1 – East Park

Grades 4-6: 9:30-10:30 am & Grades 1-3: 10:40-11:40 am
*June 2 = rain/make up day

A three day camp focused on having fun and getting outside! Meet each day at a different park to experience exciting and challenging activities. Examples may include: wacky kickball, egg drop challenge, sand volleyball, and an obstacle course. A great way to “kickoff” the summer!

H. ARTS & CRAFTS: Fee \$30.00 Cresco Fitness Center
Grades 1-6 (23-24) M-T-Th-F June 5 – June 30 9:00 – 10:00 a.m.

Grades 1-2 Tuesday and Thursday 9:00 - 10:00 a.m.
Grades 3-6 Monday and Friday 9:00 - 10:00 a.m.

Channel that inner artist with unique and creative activities and projects! Participants will enjoy both indoor and outdoor settings to help cultivate their creativity!

I. TINY TOTS ARTS & CRAFTS: Fee \$15.00 Cresco Fitness Center
Ages 1-6 Wednesdays, June 7 – June 28 9:00 - 9:45 a.m.

A creative program specifically designed for young, creative minds! These sessions will be sure to provide great learning experiences as well as create lasting memories!

Boys & girls ages 1-3 must have a parent or babysitter with them, and do not have to fill out a release form. All children ages 4-6 are required to have a release form.

J. NATURE CAMP (MOTHER NATURE'S MAGIC): Fee \$30.00 Prairie's Edge Nature Center

Grades 3-4 (23-24) T-W-TH July 11-13 9:30-11:00 am

***July 14 = rain/make up day**

***MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in. Depending on interest, may hold afternoon session)**

Calling all nature lovers! With the assistance of the Howard County Conservation Department, each day we will look a little closer at some of the "magic" Mother Nature works. We will investigate soil, what plants eat, and who is responsible for helping plants produce seeds.

Participants must wear pants on July 11th, and need to wear sturdy footwear allowing them to walk, hike, and run for all 3 days. Participants should also apply sunscreen, bug spray, and bring a reusable water bottle full of water. Camp will be held rain or shine.

Those needing transportation must be at the Park Office (behind Fitness Center), 15 minutes before class starts at 9:15 am.

K. YOUTH FITNESS CAMP: Fee \$15.00 East Park

Grades 1-6 (23-24) T-W-TH July 18-20 9:00-10:50 am

Grades 1-3: 9-9:50 am & Grades 4-6: 10-10:50 am

***July 21 = rain/make up day**

Geared for ALL youth, these three days highlight the benefits of physical fitness and being active in an exciting and creative way! Each day, participants compete in a scored event that correlates to the topics taught that day! Awards will be given at the end of the camp! Examples may include: farmers carry, heavy ball throw, and circuit competitions. A great way to make fitness FUN!

L. WACKY SPORTS CAMP: Fee \$15.00 East, Evans, & Kessel Parks

Grades 1-6 (23-24) T-W-TH July 25 - East, July 26 - Evans, July 27 - Kessel

Grades 1-3: 9-9:50 am & Grades 4-6: 10-10:50 am

***July 28 = rain/make up day**

Wacky, wacky wacky! These three days are for those odd and different team sports out there! Participants will experience a new team sport and park each day that will emphasize team building and communication. Examples may include: whiffle t-ball, capture the flag, ultimate Frisbee, and others!