

**NEW
PROGRAM!**



CRESCO
PARK & REC.

**NEW
SCHEDULE!**

2023 Fall Program

CO-ED Flag Football & Girls Volleyball

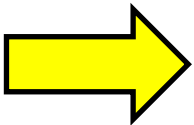
Registration DEADLINE for ALL FALL ACTIVITIES:

FRIDAY, August 11

A \$10 late fee will apply per registration August 12!

The registration for this year's fall activities are online. Before logging in, reference this booklet for students in grades 1-6 for specific activity dates and times along with grade eligibility. All grades mentioned in this program correlate with the **2023-2024** school year.

Early registration is encouraged to give us proper time to plan for the activities.



EVERYONE MUST FILL OUT THE ONLINE REGISTRATION.

Once you begin the registration process, you must complete it entirely. Data typed into the online form will not be saved. Once you submit your registration and we receive it, an email of confirmation will be sent to the email address you provide.

**TO MAKE CHANGES TO SUBMITTED ONLINE REGISTRATION CALL OR EMAIL
OR IF YOU NEED MORE INFORMATION:**

Cresco Park & Recreation----- (563) 547-3230 parks@cityofcresco.com

Cresco Fitness Center----- (563) 547-3443 fitnesscenter@cityofcresco.com

BIG FLAG FOOTBALL LEAGUE (CO-ED): Fee \$40.00 Kessel Park

Grades 3-6 (23-24)

Program Duration: August 15-October 14

This CO-ED program introduces and builds upon necessary football skills and techniques needed to be successful at the game of football. With registration, participants receive access to our three day Mini-Camp, automatic entry into our Punt, Pass, and Kick Competition, and are rostered for our regular flag football season. Upon completion of the Mini-Camp and Punt, Pass, & Kick Competition, regular/post season games (including a Championship) will be played against other teams and score will be kept.

NEW THIS YEAR

1. Rushing Zones allowed
2. Certain number of lines to gain
3. 4 game regular season – 2 game post season

Mini-Camp: Tuesday-Thursday, August 15-17

*Grades 3-4: 9:00-10:00am

* Grades 5-6: 10:00-11:00am

Punt, Pass, & Kick Competition: Saturday, August 26

*Ages 6-15: 9:00am start

Regular/Post Season Games: Saturdays (mornings, times TBD), Sept. 9 -Oct. 14

The final game schedule is yet to be determined, but will be posted by the end of August. The number of teams and this schedule is dependent on the number of players we have register as well as volunteers to help coach. Please register ASAP.

The teams are coached by parents/volunteers and games are refereed by Park & Rec. Staff. We need parents/volunteers willing to coach these teams! If you are willing, please indicate so on the registration form.

* Exact rules, regulations, & playbooks will be provided to coaches & posted on www.cityofcresco.com

BIDDY FLAG FOOTBALL LEAGUE (CO-ED): Fee \$30.00 Kessel Park

Grades 1-2 (23-24)

Program Duration: August 15-September 30

BRAND NEW! This simplified take on flag football is a great way to introduce the game of football to youth. With an emphasis on basic fundamentals and elements of the game, participants will engage in a three day Mini-Camp, be automatically entered into our Punt, Pass, & Kick Competition, and be rostered for our regular season games. Games will mimic our older division of flag football, but with a smaller field and simplified rules. Score of games will be kept, however it will be a “stop & teach” atmosphere.

Mini-Camp: Tuesday – Thursday, August 15-17

*Grades 1-2: 11:00-11:45am

Punt, Pass, & Kick Competition: Saturday, August 26

*Grades 6-15: 9:00am start

Regular Season Games: Saturdays (mornings, times TBD), Sept. 9 – Sept. 30

The final game schedule is yet to be determined, but will be posted by the end of August. The number of teams and this schedule is dependent on the number of players we have register as well as volunteers to help coach. Please register ASAP.

The teams are coached by parents/volunteers and games are refereed by Park & Rec. Staff. We need parents/volunteers willing to coach these teams! If you are willing, please indicate so on the registration form.

* Exact rules, regulations, and playbooks will be provided to coaches & posted on www.cityofcresco.com

GIRLS VOLLEYBALL: Fee \$30.00 (Non-member \$50.00)

Fitness Center Gym

Grades 3-6 (22-23)

Program Duration: August 15-October 9

This program focuses on basic fundamental skills and techniques needed to excel at the game of volleyball. Included with registration is entry into our 3 day mini-camp and rostered for our regular season matches. Matches will be played against other teams and score will be kept.

Mini-Camp: Tuesday – Thursday, August 15-17

*Grades 5-6: 9:00-10:00am

*Grades 3-4: 10:00-11:00am

** Times allow for interested youth to participate in both Flag Football and Volleyball.

Regular Season Matches: Mondays (evenings, times TBD), Sept. 11-Oct. 16

The final match schedule is yet to be determined, but will be posted by the end of August. The number of teams and this schedule is dependent on the number of players we have register as well as volunteers to help coach. Please register ASAP.

The teams are coached by parents/volunteers and games are refereed/facilitated by Park & Rec. Staff. We need parents/volunteers willing to coach these teams! If you are willing, please indicate so on the registration form.

All cancellations will be made 1 hour prior to the start of the event and be posted on the City of Cresco website, Cresco Parks and Recreation Facebook Page, and the Cresco Fitness Center Facebook page. We will also email all parents involved in that sport of the cancellation.

We need your support and willingness to volunteer to help keep our programs beneficial, productive, and fun for our local youth. Thank you to all past, present, & future volunteers!

