



## 2024 Fall Program

### CO-ED Flag Football & Girls Volleyball

**Registration DEADLINE for ALL FALL ACTIVITIES:**

**FRIDAY, August 9**

Before registering online, reference this booklet for students in grades 1-6 for specific activity dates and times along with grade eligibility. All grades mentioned in this program correlate with the **2024-2025** school year. Please register your child(ren) in the grade they will be entering next school year.

**EVERYONE MUST FILL OUT THE ONLINE REGISTRATION.**

1. Complete the online registration and pay with debit or credit card.
2. Complete the online registration and pay with cash or check.

Drop off or mail registration with payment at: Cresco Fitness Center 316 3<sup>rd</sup> Ave E, Cresco IA 52136

(If you mail, please include a copy of the emailed registration you receive.)

- Registration assistance is available upon request.

**FORM WILL NOT SAVE. Once you begin the registration process, you must complete it entirely.**

Once you submit your registration and we receive it, an email of confirmation will be sent to the email address you provide.

**FINANCIAL ASSISTANCE:** Funds may be available through the Howard County Community Action Office if you or your family cannot afford to pay the fees for activities listed on the registration form. For more information, please contact the Howard County Community Action Office (563)-547-4413.

Funds may also be available through the **Issac Wiltgen Legacy Foundation**, a financial assistance program ran through the Cresco Park & Recreation Department. For more information on using this program, please contact the Cresco Park and Recreation Office.



If you would like to donate towards the Issac Wiltgen Legacy Foundation or learn more about it, please visit the following link:

[About Park & Rec - City of Cresco, Iowa.](#)

**TO MAKE CHANGES TO SUBMITTED ONLINE REGISTRATION CALL OR EMAIL:**

Cresco Park & Recreation----- (563) 547-3230 [parks@cityofcresco.com](mailto:parks@cityofcresco.com)

Cresco Fitness Center----- (563) 547-3443 [fitnesscenter@cityofcresco.com](mailto:fitnesscenter@cityofcresco.com)

**Park & Rec. Program Guidelines & Reminders:**

- 1) All Cresco Park & Rec. Programs are designed with two things in mind:
  - a. Teach and build upon fundamentals.
  - b. Create memories, peak interest, and have fun!
- 2) During any game or practice, parent volunteers and/or Park & Rec. staff have the ability to stop play to coach and teach certain situations, no matter the status of game/practice.
- 3) Although score for games is kept, sportsmanship and a positive learning environment is the priority and must always be kept.
- 4) ANYONE with negative outbursts or comments will be removed from the premises!

**BIG FLAG FOOTBALL LEAGUE (CO-ED): Fee \$40.00 Kessel Park**

**Grades 3-6 (24'-25')**

**Program Duration: August 13-October 12**

This CO-ED program introduces and builds upon necessary football skills and techniques needed to be successful at the game of football. With registration, participants receive access to our three day Mini-Camp, automatic entry into our Punt, Pass, and Kick Competition, and are rostered for our regular flag football season. Upon completion of the Mini-Camp and Punt, Pass, & Kick Competition, regular/post season games (including a Championship) will be played against other teams and score will be kept. Team jerseys are included with registration and will be handed out/able to be picked up from the Cresco Fitness Center.

Mini-Camp: Tuesday-Thursday, August 13-15

\*Grades 3-4: 9:00-10:00am

\* Grades 5-6: 10:00-11:00am

Punt, Pass, & Kick Competition: Saturday, August 24

\*Grades 1-6: 9:00am start

Regular/Post Season Games: Saturdays (mornings, times TBD), Sept. 7 - Oct. 12

The final game schedule is yet to be determined, but will be posted by the end of August. The number of teams and this schedule is dependent on the number of players we have register as well as volunteers to help coach. Please register ASAP.

**The teams are coached by parents/volunteers and games are refereed by Park & Rec. Staff. We need parents/volunteers willing to coach these teams! If you are willing, please indicate so on the registration form.**

\* Exact rules, regulations, & playbooks will be provided to coaches & posted on [www.cityofcresco.com](http://www.cityofcresco.com)

---

**All cancellations will be made 1 hour prior to the start of the event and be posted on the City of Cresco website, Cresco Parks and Recreation Facebook Page, and the Cresco Fitness Center Facebook page. We will also email all parents involved in that sport of the cancellation.**

**BIDDY FLAG FOOTBALL LEAGUE (CO-ED): Fee \$40.00 Kessel Park**

**Grades 1-2 (24'-25')**

**Program Duration: August 13-October 12**

This simplified take on flag football is a great way to introduce the game of football to youth. With an emphasis on basic fundamentals and elements of the game, participants will engage in a three day Mini-Camp, be automatically entered into our Punt, Pass, & Kick Competition, and be rostered for our regular/post season games (including a Championship). Games will mimic our older division of flag football, but with a smaller field and simplified rules. Score of games will be kept, however it will be a "stop & teach" atmosphere. Team jerseys are included with registration and will be handed out/able to be picked up from the Cresco Fitness Center.

Mini-Camp: Tuesday – Thursday, August 13-15

\*Grades 1-2: 11:00-11:45am

Punt, Pass, & Kick Competition: Saturday, August 24

\*Grades 1-6: 9:00am start

Regular/Post Season Games: Saturdays (mornings, times TBD), Sept. 7 – Oct. 12

The final game schedule is yet to be determined, but will be posted by the end of August. The number of teams and this schedule is dependent on the number of players we have register as well as volunteers to help coach. Please register ASAP.

**The teams are coached by parents/volunteers and games are refereed by Park & Rec. Staff. We need parents/volunteers willing to coach these teams! If you are willing, please indicate so on the registration form.**

\* Exact rules, regulations, and playbooks will be provided to coaches & posted on [www.cityofcresco.com](http://www.cityofcresco.com)

---

**All cancellations will be made 1 hour prior to the start of the event and be posted on the City of Cresco website, Cresco Parks and Recreation Facebook Page, and the Cresco Fitness Center Facebook page. We will also email all parents involved in that sport of the cancellation.**

**GIRLS VOLLEYBALL: Fee \$30.00 (Non-member \$50.00)**

**Fitness Center Gym**

**Grades 2-6 (24'-25')**

**Program Duration: August 13 - October 14**

This program focuses on basic fundamental skills and techniques needed to excel at the game of volleyball. Included with registration is entry into our 3 day mini-camp and rostered for our regular season matches. Matches will be played against other teams and score will be kept. Team jerseys are included with registration and will be handed out/able to be picked up from the Cresco Fitness Center.

Mini-Camp: Tuesday – Thursday, August 13-15

\*Grades 4-6: 9:30-10:30am

\*Grades 2-3: 10:30-11:30am

Regular Season Matches: Mondays (evenings, times TBD), Sept. 9 - Oct. 14

The final match schedule is yet to be determined, but will be posted by the end of August. The number of teams and this schedule is dependent on the number of players we have register as well as volunteers to help coach. Please register ASAP.

**The teams are coached by parents/volunteers and games are refereed/facilitated by Park & Rec. Staff. We need parents/volunteers willing to coach these teams! If you are willing, please indicate so on the registration form.**

---

**All cancellations will be made 1 hour prior to the start of the event and be posted on the City of Cresco website, Cresco Parks and Recreation Facebook Page, and the Cresco Fitness Center Facebook page. We will also email all parents involved in that sport of the cancellation.**

## **2024 Park & Rec. Sponsors**

*A huge thank you goes out to all of our Park & Rec. Sponsors who chose to support us during our 2024 season!  
Because of them we are able to continually enhance and improve our youth programming!*

***Thank You!***

### **ELITE (\$1000+)**

**Cresco Bank & Trust  
CUSB  
O'Henry's  
Regional Health Services of Howard County**

### **PRO (\$500-\$999)**

**Alum-Line  
Bob's Electric  
CIA  
Fisk Farm & Home  
Oak Creek Dental  
Plantpeddler  
Precision Overhead Door  
3 B Construction**

### **JUNIOR (\$300-\$499)**

**Anthony Henry Sealcoating  
Atomic Pizza  
Bear Creek Archeology  
Darland's Auto & Repair  
Hometown Accounting  
Larson Custom Building  
Mudslingers  
NEIA Motors**

### **BIDDY (\$100-\$299)**

**C.A.R.E  
Culligan  
Dollar Fresh  
Dietzenbach Financial  
Don Dietzenbach State Farm  
Homeland Energy Solutions  
Michael & Joann Mrachek  
MiEnergy  
Ruppert's Ace Hardware  
Sandra Reinhart  
Schley Cheese Fest Committee  
Signs & Designs  
SMI  
Times Plain Dealer**